



## THE HEART OF CARING

Seniors Helping Seniors® In-Home Care Services would like to thank those families who have invited us into their homes, and to acknowledge the exceptional people who provide care. We are privileged to care for the elderly and their loved ones in Lorain and surrounding counties, and we take this responsibility to heart. It is also with tremendous pride that we acknowledge our Caregiver of the Month, Elyria resident, Ms. Pat Grunkowski.

Ms. Grunkowski assists seniors with bathing and dressing, running errands, managing personal papers, and taking care of meals and house cleaning. Pat consistently receives positive feedback from both Receivers and fellow care Providers alike. But she is not the only one. Our philosophy is that seniors can help each other age better, and that those who give care, and those who receive care, benefit equally

Men and women retired from the medical profession join Seniors Helping Seniors to renew that personal touch that is often lacking in the healthcare field. Many of our Providers have been caregivers for their own loved ones and they want to continue to provide comfort and security for others by assisting them around the house, with over-night and 24-hour care, along with support for those suffering from dementia and Alzheimer's disease. We are blessed to have so many dedicated and compassionate caregivers involved with Seniors Helping Seniors.

We all know that Baby Boomers – those born between 1946 and 1964 – comprise the largest demographic segment in the United States today. But did you also know that those seniors 80-years-old and older are the fastest growing segment of older Americans? We live in an amazing time of increased life expectancy as well as increased expectations. Together we can make a difference in our own life and the life of someone we care about by calling Seniors Helping Seniors at 440-935-3848 or email [CaringSeniors@yahoo.com](mailto:CaringSeniors@yahoo.com) or visit our website at [SeniorsHelpingSeniors.com](http://SeniorsHelpingSeniors.com). If you are interested in being a caregiver go online to [shs124.ersp.biz/employment](http://shs124.ersp.biz/employment).