

Seniors help one another and bring out their best

Seniors can sometimes feel that they are a burden when they ask a friend or family for help, but often have no trouble reaching out to someone their own age. This idea led Seniors Helping Seniors to launch its in-home care services for seniors over 11 years ago, and established them as the only national caregiver and companionship organization that matches seniors who need in-home care services with seniors who provide them.

Seniors Helping Seniors provides seniors with the ability to live an independent lifestyle in their own homes, with the dignity and respect they deserve, by finding caring seniors to help each other. Each custom, in-home service program has the option to include daily wellness checks, companionship, personal care, appointment transportation, errand running, light housekeeping, meal preparation, yard work, pet care and other services. Customers have been helped with tasks as unique as setting up and taking down holiday decorations, changing light bulbs, and fixing electrical outlets.

“Seniors really want to make the most of their golden years, and so we dedicate ourselves to that goal,” said Dan Rattary, who owns the Illinois Seniors Helping Seniors organization, along with his wife, Valerie. “Our services help seniors to be their best, helping them with things that can slow them down, plus we provide a trusted senior companion who can really brighten their day!”



Dan and Valerie Rattary

Seniors Helping Seniors provides active, experienced seniors with a great opportunity to provide assistance to fellow seniors, earn supplemental income and have a dignified and fulfilling service opportunity.

Prior to opening the local Seniors Helping Seniors, Dan was his grandmother’s primary caregiver, a woman who lived alone in her Chicago home, and he provided her with companionship, transportation, yard work, and needed assistance. He recognized the importance of helping seniors maintain their independence, quality of life, dignity and respect. In seeing others within the community who did not have family members to assist them, he was drawn to Seniors Helping Seniors, an organization founded 11 years earlier by Kiran Yokum, a former assistant to Mother Theresa of Calcutta.

“The difference in our organization is three-fold. One: our team of senior providers is simply fantastic—successful, empathetic,

loving, I couldn’t ask for a better team. Two: our program is the most flexible I’ve seen, with no contracts, a free in-home evaluation, very reasonable rates, and the ability to make adjustments and improvements as the month goes on. And three: our unique passion to truly do the right thing by our clients and be a lasting, valuable asset for all of our seniors—customers and caregivers alike.”

“We have a strong desire to serve the senior market and create a lasting resource for seniors in our community,” said Dan. “We are so passionate about our Seniors Helping Seniors center because we are able to serve both less-active seniors who will receive services and also active seniors who can provide them.”

For more information, contact Dan and Valerie Rattary at 630-324-6086 or e-mail SHSIllinois@comcast.net. Visit the Web site at SeniorsHelpingSeniors.com.

Caring for Older Parents

You care about your aging parents. And yet, sometimes, you just don't know the best way to help them, especially when they are trying to remain independent.

Seniors Helping Seniors® in-home services is an exceptional program of care and caring that matches seniors who want to provide services with those who are looking for help.

- Meal prep/cooking
- Light housekeeping
- Companionship
- Mobility assistance
- Grocery shopping
- Pet care
- Yardwork

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...a way to give and to receive™

Call us today. Like getting a little help from your friends™. If you're interested in becoming a provider, we would like to hear from you too.

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“Tell them you saw it in the Senior Connection”